



NOURISH

The future of food
in health care.

WHY JOIN?

What are innovators and their organizations committing to with *Nourish*?
What can they expect to get out of participating?

BENEFITS TO *NOURISH* ORGANIZATIONS:

- Membership in a network that includes 25 innovative healthcare peers who share similar challenges and ambitions.
- Access to a community of practice supported by an ecosystem of mentors and facilitators that bring momentum to this work by nurturing and multiplying connections with relevant partners, such as regional networks and value chains, researchers, and community organizations.
- Monthly coaching to support individual and organizational development goals.
- Opportunity for funding for collaborative projects within the cohort (~six months in.)
- Access to quarterly technical and strategic webinars led by leaders in the field.
- Ability to workshop the organization's project(s) to get input from peers and mentors using a case clinic approach
- Accommodation and travel paid for two 3-day national retreats.
- Support with tools and resources including research, funding and communications.
- Recognition of innovators and their organizations through external communications.

NOURISH ORGANIZATIONS COMMIT TO:

- Identifying a lead innovator for participation in a two-year program, who applies with a supporting colleague in their organization and a senior leadership team member or CEO.
- 5 hours monthly of participation from the lead innovator in direct program activities, in addition to project work aligned with the organization's mission.
- Attending two 3-day national retreats.
- Willingness for candid participation, sharing, and listening to create an environment of confidence, high trust and collaboration with cohort peers.
- Contributing a \$3,000-\$5,000 commitment fee (sliding scale; scholarships available).

To learn more about *Nourish* or to register for an informational webinar, visit us online at www.nourishhealthcare.ca.

Applications due October 1.

Nourish aims to create a community of practitioners who believe that food nourishes health and that health care organizations can promote community well-being through food - and who want to support each other at the individual, organizational, and systems levels.